	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Rise & Shine Devotional Exercise – Dumbbell Daily News / Weather Praise & Worship Fellowship / Snack Puzzle (Exercise Table Games Sunday Social	In observation of	Rise & Shine Devotional Exercise – Thera-Bands Daily News / Weather Report Rest & Rejuvenation Exercise	Wednesday Rise & Shine Devotional Exercise – Dumbbells Daily News / Weather Report Music Therapy Exercise Bible Study BINGO	Rise & Shine Devotional Exercise – Lower Body Daily News /Weather Thirsty Thursday Mocktails Arts & Crafts Exercise Nail Bar		Rise & Shine Devotional Exercise – Standing Daily News / Weather Report Table Games Exercise Movie Matinee Rest & Rejuvenation Brain Builder Sing & Dance	6
	Exercise – Dumbbell Daily News / Weather Praise & Worship Fellowship / Snack Puzzle (Exercise Table Games	Exercise – YOGA Daily News / Weather Report Music Therapy BINGO Exercise	Rise & Shine Devotion Exercise – Thera-Bands Daily News / Weather 11:00- Therapy Dogs Rest & Rejuvenation Exercise Sensory Kitchen Creation	Devotional 9:30- Visit from Poka Dots Preschoolers Exercise – Dumbbells Daily News / Weather Music Therapy Exercise Bible Study BINGO	Exercise – Lower Body Daily News /Weather Thirsty Thursday Mocktails Arts & Crafts Exercise	Devotional 12 Exercise – YOGA Daily News / Weather 9:30 - Music Therapy with Amanda Casper Exercise Sensory Kitchen Creation	Rise & Shine Devotional Exercise – Standing Daily News / Weather Report Table Games Exercise Movie Matinee Rest & Rejuvenation Brain Builder Sing & Dance	13
	Rise & Shine Devotional 4 Exercise – Dumbbell Daily News / Weather Praise & Worship Fellowship / Snack Puzzle (Exercise Table Games Sunday Social	Exercise – YOGA Daily News / Weather Report Music Therapy BINGO Exercise Arts & Crafts Brain Builder	Rise & Shine Devotional Exercise – Thera-Bands Daily News / Weather Report Rest & Rejuvenation Exercise Sensory Kitchen Creation	Rise & Shine Devotional Exercise – Dumbbells Daily News / Weather Report Music Therapy Exercise Bible Study BINGO	Rise & Shine Devotional Exercise – Lower Body Daily News /Weather Thirsty Thursday 1:45- Visit from Poka Dots Preschoolers	Exercise – YOGA Daily News / Weather 9:30 - Music Therapy with Amanda Casper Exercise Sensory Kitchen Creation	Exercise – Standing Daily News / Weather Report Table Games Exercise Movie Matinee Rest & Rejuvenation Brain Builder Sing & Dance Oktoberfest Begins	
	Exercise – Dumbbell Daily News / Weather Praise & Worship Fellowship / Snack Puzzle (Exercise Table Games Sunday Social	Daily News / Weather Report 10:30- Drum Circle W/ Handpan Dan BINGO Arts & Crafts Brain Builder Rosh Hashanah Begins Autumn Begins	Rise & Shine Devotional Exercise – Thera-Bands	Rise & Shine Devotional Exercise – Dumbbells Daily News / Weather Report Music Therapy Exercise Bible Study BINGO	Rise & Shine Devotional Exercise – Lower Body Daily News /Weather Thirsty Thursday Mocktails Arts & Crafts Exercise Nail Bar Brain Builder	Devotional 26 Exercise – YOGA Daily News / Weather 9:30 - Music Therapy with Amanda Casper Exercise Sensory Kitchen Creation	Exercise – Standing	27
1	Daily News / Weather Praise & Worship Fellowship / Snack Puzzle (Exercise Table Games	Exercise – YOGA Daily News / Weather Report Music Therapy RINGO	Rise & Shine Devotional Exercise – Thera-Bands Daily News / Weather Report Rest & Rejuvenation Exercise Sensory Kitchen Creation	\sim	otem Memory	ber 2 Haven	2025	

Activities are subject to change without notice.